

## Health & Safety in the Workplace Level 2

Good health and safety standards rely on employers and employees working together. This qualification represents a foundation of knowledge required by everyone. It provides essential knowledge and understanding of health and safety for employees working in any business sector.

### COURSE OVERVIEW

The course covers the syllabus set by the Chartered Institute of Environmental Health and meets national occupational standards in health and safety. The course will enable candidates to understand:

- Health and safety requirements placed on employers and employees
- Hazard and risk and the main causes of harm to workers
- Health, safety and welfare provisions in the workplace
- The importance of following safe systems of work, procedures and rules
- Hazards and controls in respect to both safety and occupational health risks
- How their own actions can reduce risks to health and safety



### SUITABILITY OF CANDIDATES

The course is suitable for employees from any work environment who perform varied tasks with some supervision or guidance. It is applicable for many job roles and covers:

- An understanding of the nature of Health and Safety at Work, including:
  - legislative requirements
  - the importance of preventing work related ill health
  - principles of accident prevention
  - welfare
- Workplace Specific Health and Safety. Topics include:
  - The workplace and work equipment
  - Risk assessment
  - Manual handling
  - Hazardous substances
  - Ergonomics and workstations
  - Working at heights
  - Transport and vehicles
  - Noise and vibration

### COURSE DETAILS

**VENUE:**  
Crown College  
121-129 North Road  
Westcliff-on-Sea  
Essex  
SS0 7AH

Please note: We can arrange for the course to be delivered at employers premises and it can be tailored to meet customer requirements. Please ask our advisor for details and charges.

### COURSE STRUCTURE:

**Hours:**  
9.00am – 4.00pm Training  
4.00pm – 5.00pm Examination

The course includes the new *Health and Safety: First Principles* course book.

30 multiple choice questions:  
Candidates must gain a minimum of 20 marks to pass the examination.

Course Fee: £65

